



THE MOSAIC COMMUNITY TRUST

Uniting, empowering and celebrating caring communities

Free Massage for Stress Relief and Relaxation

Do you live in the Church Street area?

Enjoy a free massage for yourself and your baby at the Mosaic Community Trust's weekly Drop-In Service where you can meet other mothers and connect with grandmothers to support you.

Meet trained Indian Head Massage Therapists who can advise you on your health and wellbeing needs.

Wednesdays from 12.30pm to 2.30pm
(starting Wednesday 24th April 2019)

Hafs Academy, Boscobel Street (off Penfold Street)
Contact Mosaic on: 0741 999 2292

Neighbourhood Keepers

Funded by Westminster City Council, in association with the Church Street Futures Group, to create positive, healthy activities for the benefit of the local community as part of the Church Street Regeneration programme.

