

Connecting Mothers and Grandmothers for Stronger Families

- Improving inter-generational links to strengthen extended family structures -

Mosaic will be starting a new project in April 2019.

With support from Westminster City Council, **Neighbourhood Keepers Programme**, Mosaic will deliver a weekly drop-in service for young BME mothers and grandmothers resident in Church Street, NW8.

The weekly drop-in service will offer free **therapeutic massage and emotional support** for women as well as demonstrations in baby massage.

Mosaic will provide a culturally appropriate service for women to share and receive support for their health and wellbeing and to overcome isolation and loneliness.

The drop-in will run every **Wednesday – starting 24th April**
(excluding school holidays and between 8th May and 5th June)

From: 12.30pm – 2.30pm

At: Hafs Academy, Boscobel Street (Off Penfold Street)

*Part of the Neighbourhood Keepers programme,
funded by Westminster City Council, for the benefit
of the Church Street neighbourhood.*

